

What to expect at your first visit to the Huntington's Disease Center of Excellence at Indiana University

Who's Who:

- "Dr. Joanne," Joanne Wocieszek, M.D.
Is a neurologist who works with patients and families to determine the best way to treat the effects of HD on each person.
- "Dr. Zauber," S. Elizabeth Zauber, M.D.
Is a neurologist who works with patients and families to determine the best way to treat the effects of HD on each person.
- "Dr. Quaid," Kimberly A. Quaid, Ph. D.
Is a genetic counselor who helps throughout the testing process; from a person deciding whether to or not to test through the time of disclosure of the test results.
- "Gail," Gail VanHorn, RN
Is a nurse who can help convey your questions and concerns to the doctors if you have issues with your prescribed medicine and other treatments; she helps with scheduling
- "Leo," Leo Rafail, BSW
Is a social worker who helps patients and family members to find the resources they need
- Medical Resident
Is a physician who has finished medical school and internship and is now going through training in a specialized area
- Students— Medical, counseling, etc
There are often post-graduate students who specialize in medicine, genetic counseling, physician assistant studies, and other areas that are learning about HD so they know about it in their careers

What about the visit:

- Please bring any medications you are currently taking
- If you can, please have a trusted adult with you
- **Please.... Be Patient!** The team often assists patients who are experiencing complex problems. Because the center strives to provide the best care to everyone, your visit may be one to two hours after you arrive.
- The clinic is an excellent place for patients to obtain medical services from a specialized team, and is, therefore, a great place for medical students and medical residents to learn about HD. At your visit there will probably be some students and residents along with the care team.
- Through years of experience, the doctor and the team will provide treatment and recommendations.

For Pre-symptomatic Testing:

- It is very important that you have a trusted adult come with you to the appointment in case the news is troubling.
- If you have a "normal" examination, you can then schedule an appointment with Dr. Quaid, if you choose, to continue with the testing process.
- If your examination is "abnormal," it may be a sign of HD or it could just not be normal for other reasons. If the doctor suspects you have HD, you may be diagnosed during your visit.



Huntington's Disease Society of America



Clarian Health

Huntington's Disease Center of Excellence at Indiana University

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